Certificate of Competency

Healthcare Assistant Practical Training – Live HCA Clinic Sessions (Stage 2)

Format: Two half-day (morning) sessions, or one full day | **Price:** £290 per person | **Additional sessions:** £130 each

Venue: Partner NHS GP practice, London (dates confirmed after Stage 1; typically 1–2 weeks later)

Course Description

This Stage 2 practical training provides hands-on clinical experience at a busy NHS GP practice in London. Designed for those who have completed the Stage 1 theory course, it involves direct patient care under the close supervision of an experienced HCA instructor. You will perform the procedures that are routine for a certified HCA, strengthening both your technical and interpersonal skills in a genuine clinical environment. On demonstrating the required competencies you are awarded a **Certificate of Competency in HCA** by Floreo Associates and the NHS facility where you train, and are ready to begin work as a qualified HCA.

Entry Requirements

- Successful completion of the Stage 1 Level 2 Certificate — Introduction to Healthcare Assistant (FH137).
- First dose of the Hepatitis B vaccination received before the start of Stage 2 (**mandatory**). A Covid-19 vaccination is optional.
- Dates are booked after Stage 1 through our administrative office, subject to the availability of our partner NHS clinics.

Course Content

Roles and Responsibilities

- Direct patient care under professional supervision
- Performance of daily clinical tasks and patient management

Clinical Skills Practised

- Blood pressure monitoring, pulse checks and pulse oximetry
- 12-lead ECG, temperature monitoring and blood glucose monitoring
- Urinalysis, fluid balance checks and NEWS scoring

Health Monitoring

- Patient health screening and risk assessments
- Management plans for chronic conditions such as asthma, COPD and diabetes

Specialised Care and Professional Development

- Dementia care: communication and caregiving strategies
- Emergency response for stroke and ischaemic heart disease
- Legal and ethical standards; reflective practice

Competencies Assessed

Your performance is evaluated against the competencies established by Skills for Care, Skills for Health and Health Education England (the Care Certificate framework, introduced in 2015). Your instructor and the NHS facility assess your ability to carry out essential healthcare tasks competently and safely:

- ✓ Vital Signs: measuring and recording temperature, pulse, respiration, blood pressure and oxygen saturation on real patients.
- ✓ Clinical Monitoring: capillary blood glucose testing, urinalysis and completion of fluid balance charts.
- ✓ ECG: patient preparation, skin preparation and correct 12-lead electrode placement (V1–V6 and limb leads).
- ✓ Early Warning: calculating a NEWS score and escalating appropriately; reflecting on your performance and acting on feedback.
- ✓ Patient Care: consent, privacy and dignity, communication with patients and carers, infection prevention throughout.
- ✓ Safety: sharps handling and disposal, hand hygiene and PPE, accurate contemporaneous documentation.
- ✓ Professional Conduct: working within scope of practice, under delegation, to the Code of Conduct for Healthcare Support Workers.

Certificates & Progression

- On meeting the required competencies, delegates are awarded a **Certificate of Competency in HCA** by Floreo Associates and the NHS facility where the training is completed, with further references provided as and when required.
- Successful delegates are fully qualified to begin work as a Healthcare Assistant, and are eligible for further HCA work experience through our **work placement programme** at NHS clinics. Additional supervised sessions are available at £130 each where needed.

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