

Level 2 Certificate

Introduction to Healthcare Assistant (FH137)

Credit: 2 | **Awarding Body:** OCNCredit4Learning | **Duration:** 1 Day | **Price:** £150

Venue: Online (a link will be sent to you a week before the live online training)

Course Description

This comprehensive 1-day introductory course provides a strong foundation in Healthcare Assistant (HCA) theory, taught by expert trainers through interactive presentations. You will gain the essential technical and scientific knowledge required to become an effective and compassionate Healthcare Assistant. The course is delivered online and covers all key areas needed to provide personalised care to patients. Upon completion, you will receive a UK accredited **Level 2 Certificate** and be ready for our Stage 2 HCA practical training at our partner NHS clinics in London.

Entry Requirements

- None, though all teaching is delivered in English.

This course is **suitable** for:

- Individuals of any age, background and level of qualifications seeking to train as HCA
- Professionals seeking certification in HCA
- Those looking for a solid point of entry into the healthcare sector

Course Content

Unit 1: Awareness of the Role of the Healthcare Assistant

- Know the role and responsibilities of a Healthcare Assistant
- Know the importance of communication, privacy, and documentation
- Know about equality, mental health, and person-centred values

Unit 2: Principles of Clinical Safety and Health Monitoring

- Understand safeguarding and safety procedures
- Understand infection control and vaccination
- Know how to monitor physiological measurements (Vital Signs)

Learning Outcomes

Factual Understanding of the following criteria in alignment with the Care Certificate standards (NHS England, Skills for Health, Skills for Care):

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| ✓ Roles & Responsibilities: Job descriptions, codes of conduct, Duty of Care, Duty of Candour, Personal Development. | ✓ Moving & Handling (Theory): TILE risk assessment, safe use of Mobile Hoists, Transfer Boards, Rota Stands, Handling Belts, and Slide Sheets. |
| ✓ Communication: Verbal/non-verbal methods, barriers (sensory/cultural), and effective communication. | ✓ Vital Signs: Normal ranges and methods for Temperature, Pulse, Respiration, Blood Pressure, O2 Saturation. |
| ✓ Privacy & Dignity: Respecting personal space, knocking before entering, and maintaining dignity during care. | ✓ Clinical Monitoring: Blood Sugar (Glucose) monitoring, Peak Flow testing, BMI calculation. |
| ✓ Mental Health & Cognitive Issues: Awareness of Mental Health conditions, Dementia awareness, and Learning. | ✓ ECG Monitoring: Purpose of Electrocardiogram, skin preparation, and correct placement of 12-lead electrodes (V1-V6). |
| ✓ Documentation: Principles of clear, accurate record keeping. | ✓ Elimination & Sampling: Urine collection methods, Urinalysis theory, completing Fluid Balance Charts. |
| ✓ Safeguarding: Categories of abuse, signs/symptoms, reporting thresholds. | ✓ Vaccination & Injection: Purpose of vaccines, sharps safety, and the role of the HCA in assisting. |
| ✓ Basic Life Support (Theory): DRABC, Adult & Paediatric CPR, Recovery Position, Choking protocols, safe use of AED. | |

Certificates & Progression

- Upon successful participation, delegates will receive a **Level 2 Certificate in Introduction to Healthcare Assistant** (2 credits) awarded by **OCNCredit4Learning**, with further references provided as and when required.
- Successful delegates are also eligible to progress to the Live Clinical Sessions (Stage 2), leading to a **Certificate of Competency** following satisfactory performance, awarded by an NHS facility.

